PUBLIC HEALTH MINOR

A minor in public health provides students with basic knowledge about the major causes of poor health outcomes domestically and globally as well as how health promotion and disease prevention interventions can protect and enhance the health and well-being of populations. Because health affects almost every aspect of human life, a minor in public health is useful preparation for careers in many fields:

- Students planning careers in government or politics will benefit from an understanding of health as it relates to policy and administration.
- Because health policy and health issues are constantly at the top of the news, communications and journalism majors may want to develop a deeper understanding of health-related issues.
- With the healthcare industry being one of the nation’s top employers, students aiming for business or economics careers might be interested in a focus in the area of health.
- Finally, an understanding of public health will broaden the perspectives of students in any health or human services professions such as education, science, medicine, nursing, psychology, or nutrition.

**Program Requirements**

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>HLTH 102</td>
<td>Introduction to Public Health</td>
<td>3</td>
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<tr>
<td>HLTH 202</td>
<td>Public Health Foundations, Ethics, and Cultural Competency</td>
<td>3</td>
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<tr>
<td>or HLTH 204</td>
<td>Social and Behavioral Aspects of Health</td>
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<tr>
<td>HLTH 330</td>
<td>Health Education Methods</td>
<td>3</td>
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<tr>
<td>or HLTH 365</td>
<td>Science of Public Health: Epidemiology</td>
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**Electives**

Select three of the following: 9

- HLTH 105 Medical Terminology
- HLTH 202 Public Health Foundations, Ethics, and Cultural Competency (can only count as an elective if not taken as a required course)
- HLTH 204 Social and Behavioral Aspects of Health (can only count as an elective if not taken as a required course)
- HLTH 207 Injury Prevention and Emergency Care
- HLTH 208 Study of Human Diseases
- HLTH 213 Perspectives on Drugs
- HLTH 220 Mental Health
- HLTH 240 Foundations of Environmental Health
- HLTH 290 Human Sexuality
- HLTH 328 Program Planning and Evaluation
- HLTH 330 Health Education Methods (can only count as an elective if not taken as a required course)
- HLTH 347 Health Issues Forum
- HLTH 355 Addressing Health Disparities Through Social Justice
- HLTH 360 Health Policy and Administration
- HLTH 365 Science of Public Health: Epidemiology (can only count as an elective if not taken as a required course)
- HLTH 374 Health Communication
- HLTH 375 Women's Health
- HLTH 411 School Health and Community Services
- HLTH 425 Applied Statistics for Public Health
- HLTH 430 Counseling Skills for Public Health Professionals
- HLTH 431 Advanced Methods in Health Education
- HLTH 433 Population Approaches to Diet and Activity
- HLTH 440 Health Aspects of Aging
- HLTH 444 Community Organizing and Health Advocacy
- HLTH 454 Race, Racism, and Health
- HLTH 474 Gender, Sexuality, and Health Disparities
- HLTH 476 Social Marketing
- NUFD 395 Managing Programs

**Total Credits** 18