A minor in public health provides students with basic knowledge about the major causes of poor health outcomes domestically and globally as well as how health promotion and disease prevention interventions can protect and enhance the health and well-being of populations. Because health affects almost every aspect of human life, a minor in public health is useful preparation for careers in many fields:

- Students planning careers in **government** or **politics** will benefit from an understanding of health as it relates to policy and administration.
- Because health policy and health issues are constantly at the top of the news, **communications** and **journalism** majors may want to develop a deeper understanding of health-related issues.
- With the healthcare industry being one of the nation’s top employers, students aiming for **business** or **economics** careers might be interested in a focus in the area of health.
- Finally, an understanding of public health will broaden the perspectives of students in any health or human services professions such as **education**, **science**, **medicine**, **nursing**, **psychology**, or **nutrition**.

### Program Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HLTH 102</td>
<td>Introduction to Public Health</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 202</td>
<td>Public Health Foundations, Ethics, and Cultural Competency</td>
<td>3</td>
</tr>
<tr>
<td>or HLTH 204</td>
<td>Social and Behavioral Aspects of Health</td>
<td></td>
</tr>
<tr>
<td>HLTH 330</td>
<td>Health Education Methods</td>
<td>3</td>
</tr>
<tr>
<td>or HLTH 365</td>
<td>Science of Public Health: Epidemiology (can only count as an elective if not taken as a required course)</td>
<td></td>
</tr>
</tbody>
</table>

**Electives**

Select three of the following:

- HLTH 105  Medical Terminology
- HLTH 202  Public Health Foundations, Ethics, and Cultural Competency (can only count as an elective if not taken as a required course)
- HLTH 204  Social and Behavioral Aspects of Health (can only count as an elective if not taken as a required course)
- HLTH 207  Injury Prevention and Emergency Care
- HLTH 208  Study of Human Diseases
- HLTH 213  Perspectives on Drugs
- HLTH 220  Mental Health
- HLTH 240  Foundations of Environmental Health
- HLTH 290  Human Sexuality
- HLTH 328  Program Planning and Evaluation
- HLTH 330  Health Education Methods (can only count as an elective if not taken as a required course)
- HLTH 347  Special Topics in Health
- HLTH 355  Addressing Health Disparities Through Social Justice
- HLTH 360  Health Policy and Administration

**Total Credits**: 18

- HLTH 374  Health Communication
- HLTH 375  Women's Health
- HLTH 411  School Health and Community Services
- HLTH 425  Applied Statistics for Public Health
- HLTH 430  Counseling Skills for Public Health Professionals
- HLTH 431  Advanced Methods in Health Education
- HLTH 433  Population Approaches to Diet and Activity
- HLTH 440  Health Aspects of Aging
- HLTH 444  Community Organizing and Health Advocacy
- HLTH 454  Race, Racism, and Health
- HLTH 474  Gender, Sexuality, and Health Disparities
- HLTH 476  Social Marketing
- NUFD 395  Managing Programs