

PUBLIC HEALTH MINOR

A minor in public health provides students with basic knowledge about the major causes of poor health outcomes domestically and globally as well as how health promotion and disease prevention interventions can protect and enhance the health and well-being of populations. Because health affects almost every aspect of human life, a minor in public health is useful preparation for careers in many fields:

- Students planning careers in **government** or **politics** will benefit from an understanding of health as it relates to policy and administration.
- Because health policy and health issues are constantly at the top of the news, **communications** and **journalism** majors may want to develop a deeper understanding of health-related issues.
- With the healthcare industry being one of the nation's top employers, students aiming for **business** or **economics** careers might be interested in a focus in the area of health.
- Finally, an understanding of public health will broaden the perspectives of students in any health or human services professions such as **education**, **science**, **medicine**, **nursing**, **psychology**, or **nutrition**.

Program Requirements

Code	Title	Credits
Required Courses		
HLTH 102	Introduction to Public Health	3
HLTH 202	Public Health Foundations, Ethics, and Cultural Competency	3
or HLTH 204	Social and Behavioral Aspects of Health	
HLTH 330	Health Education Methods	3
or HLTH 365	Science of Public Health: Epidemiology	
Electives		
Select three of the following:		9
HLTH 105	Medical Terminology	
HLTH 202	Public Health Foundations, Ethics, and Cultural Competency (can only count as an elective if not taken as a required course)	
HLTH 204	Social and Behavioral Aspects of Health (can only count as an elective if not taken as a required course)	
HLTH 207	Injury Prevention and Emergency Care	
HLTH 208	Study of Human Diseases	
HLTH 213	Perspectives on Drugs	
HLTH 220	Mental Health	
HLTH 240	Foundations of Environmental Health	
HLTH 290	Human Sexuality	
HLTH 328	Program Planning and Evaluation	
HLTH 330	Health Education Methods (can only count as an elective if not taken as a required course)	
HLTH 347	Special Topics in Health	
HLTH 355	Addressing Health Disparities Through Social Justice	
HLTH 360	Health Policy and Administration	
HLTH 365	Science of Public Health: Epidemiology (can only count as an elective if not taken as a required course)	

HLTH 374	Health Communication
HLTH 411	School Health and Community Services
HLTH 425	Applied Statistics for Public Health
HLTH 430	Counseling Skills for Public Health Professionals
HLTH 431	Advanced Methods in Health Education
HLTH 433	Population Approaches to Diet and Activity
HLTH 440	Health Aspects of Aging
HLTH 444	Community Organizing and Health Advocacy
HLTH 454	Race, Racism, and Health
HLTH 474	Gender, Sexuality, and Health Disparities
NUFD 411	Managing Programs

Total Credits **18**