

# PUBLIC HEALTH - HEALTH EDUCATION, PROMOTION, AND ADVOCACY CONCENTRATION (B.S.)

When people think about careers in health, many think about medical careers (such as doctor or nurse) that involve treating individuals who have illnesses or injuries. Public health practitioners address the health of whole populations and focus on injury and disease prevention, as well as the promotion of optimal health, rather than on treatment. The B.S. in Public Health with concentration in Education, Promotion, and Advocacy offers an integrated approach to public health that addresses local, national, and global health issues with an emphasis on social justice. It provides future community health educators with the skills and knowledge they will need to develop, implement and evaluate programs that target issues as diverse as cancer, obesity, sexuality, aging, violence, maternal and child health, substance abuse, adolescent health, mental health and many more. Students will also understand how to create programs and promote policies that eliminate disparities in health outcomes among different populations so that everyone has an equal opportunity to be healthy. Graduates of the program will work in a variety of settings (government agencies, community clinics, hospitals, nonprofit organizations, corporations) and focus on a variety of age groups, populations and health issues.

## Degree Requirements Overview

Code	Title	Credits
New Student Seminar		1
SEEDS General Education Requirements		21-24
Major Requirements		69
Free Electives		29-26
<b>Total Credits</b>		<b>120</b>

## Major Requirements

Code	Title	Credits
<b>Major Core</b>		
HLTH 102	Introduction to Public Health	3
HLTH 202	Public Health Foundations, Ethics, and Cultural Competency	3
HLTH 204	Social and Behavioral Aspects of Health	3
HLTH 240	Foundations of Environmental Health	3
HLTH 360	Health Policy and Administration	3
HLTH 365	Science of Public Health: Epidemiology	3
HLTH 425	Applied Statistics for Public Health	3
HLTH 208	Study of Human Diseases	3
HLTH 290	Human Sexuality	3
HLTH 397	Career Paths in Public Health and Internship Preparation	3
HLTH 498	Internship and Culminating Seminar	6
<b>Concentration Requirements</b>		
HLTH 328	Program Planning and Evaluation	3
HLTH 330	Health Education Methods	3

HLTH 355	Addressing Health Disparities Through Social Justice	3
HLTH 374	Health Communication	3
HLTH 444	Community Organizing and Health Advocacy	3

### Concentration Electives

Complete four courses from the list below. Two must be at the 300-400 level.	12
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### Collateral Requirements

STAT 109	Statistics	3
NUFD 182	Nutrition: A Socioecological Perspective	3

<b>Total Credits</b>	<b>69</b>
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## Electives

Code	Title	Credits
ANTH 423	Community and Health	
GLQS 302	Special Topics in Gay, Lesbian, Bisexual, Transgender, and Queer Studies	
HLTH 105	Medical Terminology	
HLTH 207	Injury Prevention and Emergency Care	
HLTH 213	Perspectives on Drugs	
HLTH 220	Mental Health	
HLTH 347	Special Topics in Health	
HLTH 411	School Health and Community Services	
HLTH 430	Counseling Skills for Public Health Professionals	
HLTH 431	Advanced Methods in Health Education	
HLTH 433	Population Approaches to Diet and Activity	
HLTH 440	Health Aspects of Aging	
HLTH 454	Race, Racism, and Health	
HLTH 474	Gender, Sexuality, and Health Disparities	
SOCI 309	Sociology of Health and Illness	

## New Student Seminar

Code	Title	Credits
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Students in the Adult Learner program must take GNED 100.

Complete one course from the following. Some courses may be restricted by major. Consult with an academic advisor.	1
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ADVS 198	Pathways to Success	
CHEM 190	Freshman Seminar in Chemistry	
FYS 100	First Year Seminar	
GNED 100	Adult Academic Success Seminar	
GNED 199	New Student Seminar	
HPEM 199	Freshman Seminar in Health and Physical Education	
IDS 155	Pathways to Adult Learning	
JUST 199	New Student Seminar	
MATH 102	New Student Experience for Mathematical Sciences	
MUGN 199	Freshman Seminar for Music Majors	
NURS 199	Introduction to Nursing	
POLS 199	Freshman Seminar in Political Science and Law	

## SEEDS General Education Requirements

Click here for a list of courses that fulfill the SEEDS requirements. (<http://catalog.montclair.edu/programs/seeds-general-education-requirements/>)

Code	Title	Credits
<b>Foundations</b>		
<i>Effective Writing I</i>		
	Complete one Effective Writing I course.	3
<i>Effective Writing II</i>		
	Complete one Effective Writing II course.	3
<i>Interactive Communication</i>		
	Complete one Interactive Communication course.	3
<i>Quantitative Reasoning</i>		
	Fulfilled by STAT 109 in the major.	
<i>Political and Civic Life</i>		
	Fulfilled by HLTH 102 in the major.	
<i>World Languages</i>		
	Complete two sequential classes in one World Language when starting at the Beginner I or Beginner II level. Complete one class when starting at the Intermediate/Advanced Level.	3-6
<b>Exploration</b>		
	Complete one course from four different Exploration categories.	9
<i>Analyzing Cultures and Societies</i>		
	Fulfilled by HLTH 202 in the major.	
<i>Creative Expression</i>		
<i>Ethical Inquiry</i>		
<i>Historical Thinking</i>		
<i>Literary and Artistic Analysis</i>		
<i>Scientific Reasoning</i>		
<b>Total Credits</b>		<b>21-24</b>

## Recommended Roadmap to Degree Completion

This recommended degree plan is provided as an outline for students to follow in order to complete their degree requirements within four years and 120 credits. This plan is a recommendation and MUST be used in consultation with their academic advisor. Important note: Students should be aware this plan assumes no pre-requisite coursework is required. If pre-requisite coursework is needed, students may have additional requirements to fulfill which do not appear on the plan.

### First Year

Fall	Credits	Spring	Credits
New Student Seminar		1 SEEDS: Effective Writing II	3
SEEDS: Effective Writing I	3	SEEDS: World Language 2	3
SEEDS: Interactive Communication	3	HLTH 202 (Fulfills SEEDS: Exploration 2 – Analyzing Cultures and Societies)	3
SEEDS: World Language 1	3	STAT 109 (Fulfills SEEDS: Quantitative Reasoning)	3
SEEDS: Exploration 1	3	HLTH 204	3

HLTH 102 (Fulfills SEEDS: Political and Civic Life)	3
<b>16</b>	<b>15</b>

### Second Year

Fall	Credits	Spring	Credits
SEEDS: Exploration 3	3	SEEDS: Exploration 4	3
HLTH 208	3	HLTH 360	3
HLTH 240	3	HLTH 328	3
HLTH 290	3	HLTH 330	3
Free Elective	3	Free Elective	3
<b>15</b>		<b>15</b>	

### Third Year

Fall	Credits	Spring	Credits
HLTH 365	3	HLTH 397	3
HLTH 355	3	HLTH 425	3
HLTH 374	3	HLTH 444	3
Concentration Elective	3	NUFD 182	3
Free Elective	3	Free Elective	3
<b>15</b>		<b>15</b>	

### Fourth Year

Fall	Credits	Spring	Credits
Concentration Elective	3	HLTH 498	6
Concentration Elective (Upper Level)	3	Concentration Elective (Upper Level)	3
Free Elective	3	Free Elective	3
Free Elective	3	Free Elective	2
Free Elective	3		
<b>15</b>		<b>14</b>	

**Total Credits 120**