

PHYSICAL EDUCATION WITH TEACHER CERTIFICATION IN HEALTH AND PHYSICAL EDUCATION (PRESCHOOL- GRADE 12) (B.S.)

The Bachelor of Science in Physical Education with teacher certification prepares the student to teach health and physical education in a P-12 school setting. The program provides strong theoretical and applied knowledge for working with children at all stages of developmental in both health and physical education.

As a health and physical education program, we view health and physical education as the vehicle to help create a healthier society. Within our program, we equip teacher candidates with the necessary concepts and skills they will need to enable their students to make healthy choices both in school and at home. We model a positive learning environment where ALL candidates can experience success and develop feelings of competence about themselves. We empower our candidates to be health and physical education teachers that will foster predispositions in their students to engage in lifelong physical activity, whatever that may be. The program brings the union of excellent professional and academic standards, multiple opportunities for planned professional hands-on experiences, and a rigorous high quality student centered curriculum. Working with local school districts we provide our candidates with numerous opportunities to develop their skillsets in real life experiences therefore truly honing their craft.

Our health and physical education teacher candidates will use physical education as an opportunity to help their students grow and stretch boundaries making healthy, informed decisions in a safe manner. Through critical thinking and growth opportunities, our teacher candidates will promote student wellness; physically, socio-emotionally, and mentally to help create a healthier society.

Montclair State University's Teacher Education Program is one of the most highly-regarded teacher preparation programs in the country. It has been consistently recognized both nationally and regionally for its unique features, including its structure, partnerships, and curricular emphases. The program is considered a model for other colleges and universities and has continuously been accredited by the Council for the Accreditation of Educator Preparation (CAEP), formerly the National Council for the Accreditation of Teacher Education (NCATE) since 1954.

The Teacher Education Program's professional course sequence and field experiences emphasize teaching for critical thinking and culturally responsive teaching. The undergraduate program reflects a balance of a liberal education and professional preparation by combining rigorous general education, subject matter specialization, and professional training. The professional component for both undergraduates and graduate students addresses four broad areas:

1. Student development and learning
2. The classroom and the school
3. The curriculum
4. Effective teaching skills

Students who wish to pursue P-12 teacher certification must apply to and be admitted to the Teacher Education Program. Once admitted, students will be matriculated into the B.A. in Secondary Education (<http://catalog.montclair.edu/programs/secondary-education-p12-ba/>) program as a second major.

Please visit the **Teacher Education Program website** for the required professional sequence of courses and other important Program requirements, guidelines, and procedures. Students also are strongly advised to review the Teacher Education Program Handbook.

120 credits of coursework is required for the baccalaureate degree with a minimum 3.0 overall GPA. Major GPA requirements differ depending on the field of study. Consult the Teacher Education Program Handbook for more information.

Program Requirements Overview

Code	Title	Credits
	General Education Requirements	27
	World Languages and Cultures Requirements	3
	Major Requirements	51
	Teacher Education Program Requirements	39
Total Credits		120

Major Requirements

Code	Title	Credits
Required Theory Courses		
HLTH 208	Study of Human Diseases	3
HLTH 215	Drug Education in the Schools	3
HLTH 222	Mental Health in the Schools	3
HLTH 295	Sexuality Education in the Schools	3
HPEM 199	Freshman Seminar in Health and Physical Education	1
HPEM 352	Development and Philosophy of Health and Physical Education	3
HPEM 356	Management of Health, Physical Education, Athletics and Fitness Programs	3
PEMJ 320	Physiology of Exercise	4
PEMJ 321	Kinesiology	3
PEMJ 324	Basic Motor Learning	3
PEMJ 351	Adapted Physical Education	3
Required Skills Courses		
PEMJ 131	Fitness Activities	3
PEMJ 152	Introduction to Fielding and Target Games	3
PEMJ 153	Introduction to Invasion and Net Games	3
PEMJ 235	Movement Experiences in Physical Education	3
PEMJ 335	Teaching of Elementary Physical Education	3
Collateral Course		
BIOL 244	Anatomy and Physiology I	4
Total Credits		51

Second Major in Secondary Education

Secondary Education (B.A.) (<http://catalog.montclair.edu/programs/secondary-education-p12-ba/>)

General Education Requirements

Click here for a list of courses that fulfill General Education categories. (<http://catalog.montclair.edu/programs/general-education-requirements-ba-bs/>)

Code	Title	Credits
A. New Student Seminar		
HPEM 199	Freshman Seminar in Health and Physical Education (Fulfilled in the major.)	
C. Communication		
<i>1. Writing</i>		
WRIT 105	College Writing I	3
<i>2. Literature</i>		
WRIT 106	College Writing II	3
<i>3. Communication</i>		
CMST 101	Fundamentals of Speech: Communication Requirement	3
F. Humanities		
<i>1. Great Works and Their Influences</i>		
		3
<i>2. Philosophical and Religious Perspectives</i>		
		3
G. Computer Science		
	Complete a 3 credit Computer Science course.	3
H. Mathematics		
STAT 103	The Development of Statistics	3
	or MATH 104 Fractals and Infinity	
	or MATH 106 Creative Thinking through Mathematics	
	or STAT 109 Statistics	
	or STAT 110 Statistics for the Biological Sciences	
I. Natural Science Laboratory		
BIOL 244	Anatomy and Physiology I (Fulfilled in the major.)	
K. Social Science		
<i>1. American and European History</i>		
		3
<i>2. Global Cultural Perspectives</i>		
		3
<i>3. Social Science Perspectives</i>		
	Fulfilled in the Teacher Education sequence.	
EDFD 200	Psychological Foundations of Education	
L. Interdisciplinary Studies		
	Fulfilled in the major or in the Teacher Education sequence.	
HLTH 295	Sexuality Education in the Schools	
	or SASE 210 Public Purposes of Education: Democracy and Schooling	
Total Credits		27

World Languages and Cultures Requirements

Click here for a list of courses that fulfill World Languages and Cultures categories. (<http://catalog.montclair.edu/programs/world-languages-and-cultures-requirements/>)

Code	Title	Credits
World Languages		
	Based on placement exam complete one World Language course.	3
Total Credits		3

Recommended Roadmap to Degree Completion

This four-year plan is provided as an outline for students to follow in order to complete their degree requirements within four years. This plan is a recommendation and students should only use it in consultation with their academic advisor.

First Year			
Fall	Credits	Spring	Credits
GENERAL EDUCATION: (A) New Student Seminar		GENERAL EDUCATION: (C2) Literature	3
GENERAL EDUCATION: (C1) Writing		3 MATH 104, 106, STAT 103, or STAT 109	3
GENERAL EDUCATION: (F1) Humanities – Great Works and Their Influences		3 EDFD 200	3
World Language 1		3 HLTH 295	3
BIOL 244		4 PEMJ 152	3
PEMJ 131		3	
		17	15

Second Year			
Fall	Credits	Spring	Credits
CMST 101		3 CSIT 100	3
GENERAL EDUCATION: (F2) Humanities – Philosophical and Religious Perspectives		3 HLTH 222	3
GENERAL EDUCATION: (K1) Social Science – American and European History		3 HPEM 352	3
PEMJ 153		3 PEMJ 320	4
PEMJ 235		3 SASE 210	3
		Apply to Teacher Education Program*	
		15	16

Third Year			
Fall	Credits	Spring	Credits
GENERAL EDUCATION: (K2) Social Science – Global Cultural Perspectives (choose a course that also fulfills the World Cultures requirement)		3 HLTH 401	3
HLTH 208		3 HPEM 455	3
HLTH 215		3 HPEM 356	3
PEMJ 321		3 PEMJ 324	3
PEMJ 335		3 SASE 322	3
PEMJ 351		3	
		18	15

Fourth Year

Fall	Credits	Spring	Credits
PEMJ 431		3 SASE 452	3
PEMJ 457		3 SASE 453	9
SASE 450		3	
SASE 451		3	
	12		12

Total Credits 120*** Requirements to apply to the Teacher Education program at the end of the sophomore year:**

1. Successfully completed EDFD 200, EDFD 220, EDFD 221 and SASE 210.
2. Pass PRAXIS Core (Reading, Writing, Mathematics).
3. Completed nine (9) credits of major courses.
4. 3.00 GPA overall and 3.00 GPA in major courses.
5. Valid American Red Cross First Aid Card.