PHYSICAL EDUCATION MAJOR, PHYSICAL ACTIVITY IN EDUCATIONAL SETTINGS CONCENTRATION (B.S.)

Students who complete any of the concentrations in this major will have a broad background in the theories and applications of physical education. Students will be well-positioned to apply for graduate studies in related field or get a variety of fitness-oriented jobs working in educational and community settings. Because the General Education, Department Core and Activity Requirements are the same in all concentrations, students can easily move from one concentration to another.

Concentration in Physical Activity in Educational Settings

The concentration in Physical Activity in Educational Settings is offered as another alternative for students who are not seeking teacher certification in Health and Physical Education. This concentration contains all elements of the Teacher Certification program, without the teacher education sequence. The concentration in Physical Activity in Educational Settings provides students with a core of physical education and health courses and required general education courses prior to entering one of the other concentrations (the Teaching Certification in Physical Education and Health, or Coaching).

Students entering the B.S. in Physical Education major, who are not in one of the other concentrations, are automatically enrolled in the Physical Activity in Educational Settings concentration. From here, students can switch to the Teacher Certification in Physical Education and Health program or to the concentration in Coaching.

Program Requirements

Click here for a list of courses that fulfill General Education categories. (http://catalog.montclair.edu/undergraduate-graduate-degree-requirements/general-ed-ba-bs)

Click here for a list of courses that fulfill World Languages and Cultures categories. (http://catalog.montclair.edu/undergraduate-graduate-degree-requirements/world-languages-cultures-requirement)

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>I. General Education</td>
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<tr>
<td>A. New Student Seminar</td>
<td>Fulfilled by HPEM 199 in the major.</td>
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<tr>
<td>C. Communication</td>
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<tr>
<td>1. Writing</td>
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<tr>
<td>2. Literature</td>
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<tr>
<td>3. Communication</td>
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<tr>
<td>F. Humanities</td>
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<tr>
<td>1. Great Works and Their Influences</td>
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<td>3</td>
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<tr>
<td>2. Philosophical and Religious Perspectives</td>
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<td>3</td>
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<tr>
<td>G. Computer Science</td>
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<td>3</td>
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<tr>
<td>H. Mathematics</td>
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<tr>
<td>MATH 103</td>
<td>The Development of Mathematics</td>
<td>3</td>
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<tr>
<td>or MATH 104</td>
<td>Fractals and Infinity</td>
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<tr>
<td>or MATH 106</td>
<td>Contemporary Applied Math for Everyone</td>
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<tr>
<td>or MATH 109</td>
<td>Statistics</td>
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<tr>
<td>or MATH 110</td>
<td>Statistics for the Biological Sciences</td>
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I. Natural Science Laboratory
Fulfilled by BIOL 244 in the major. | 3 |

K. Social Science
1. American and European History | 3 |
2. Global Cultural Perspectives | 3 |

L. Interdisciplinary Studies
Fulfilled by HLTH 295 in the major. | 0 |

II. World Languages
A. World Languages | 3 |

III. Major Requirements
A. Required Theory Courses
HPEM 199 | Freshman Seminar in Health and Physical Education | 1 |
HLTH 208 | Study of Human Diseases | 3 |
HLTH 215 | Drug Education in the Schools | 3 |
HLTH 222 | Mental Health in the Schools | 3 |
HLTH 295 | Sexuality Education in the Schools | 3 |
HPEM 352 | Development and Philosophy of Health and Physical Education | 3 |
HPEM 355 | Assessment and Technology in Health and Physical Education | 3 |
HPEM 356 | Management of Health, Physical Education, Athletics and Fitness Programs | 3 |
PEMJ 320 | Physiology of Exercise | 4 |
PEMJ 321 | Kinesiology | 3 |
PEMJ 324 | Basic Motor Learning | 3 |
PEMJ 351 | Adapted Physical Education | 3 |
B. Required Skills Courses
PEMJ 131 | Fitness Activities | 3 |
PEMJ 152 | Introduction to Fielding and Target Games | 3 |
PEMJ 153 | Introduction to Invasion and Net Games | 3 |
PEMJ 335 | Teaching of Elementary Physical Education | 3 |
C. Collateral Courses
BIOL 110 | The Biology of Human Life | 4 |

IV. Pre-Professional Sequence
EDFD 200 | Psychological Foundations of Education | 3 |
SASE 210 | Public Purposes of Education: Democracy and Schooling | 3 |

V. Free Electives
Complete additional coursework to reach 120 credits. | 30 |

Total Credits | 120 |