# NUTRITION AND FOOD SCIENCE (M.S.)

**Program Requirements**

**Required Courses**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>NUFD 501</td>
<td>Principles of Nutrition</td>
<td>4</td>
</tr>
<tr>
<td>NUFD 580</td>
<td>Current Applications in Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>NUFD 587</td>
<td>Practicum</td>
<td>3</td>
</tr>
<tr>
<td>NUFD 595</td>
<td>Principles of Food Science</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 503</td>
<td>Research Methods in Health</td>
<td>3</td>
</tr>
<tr>
<td>or NUFD 507</td>
<td>Research in Nutrition and Food Science</td>
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**Emphasis**

Select one of the following: 9 credits

- **Nutrition Education**
  - NUFD 560 Advanced Nutrition Counseling for Diverse Population Groups
  - NUFD 577 Social Marketing in Nutrition
  - NUFD 581 Nutrition Education

- **Nutrition and Food Science Management**
  - NUFD 557 Food Safety
  - NUFD 573 Food and Nutrition Regulations and Compliances
  - NUFD 588 Organizational Behavior in Food Businesses

**Electives**

Select a minimum of 3 credits (if choosing Thesis option) - 4 credits (if choosing Research Seminar option) of the following:

- HLTH 526 Curriculum Development in Health Education
- HLTH 533 Behavioral Aspects of Diet, Activity and Health
- HLTH 565 Foundations of Epidemiology
- HLTH 580 Health Policy and Politics
- HLTH 585 Organization and Administration of Health Care Facilities
- NUFD 506 Research and Evaluation in Nutrition and Food Science
- NUFD 508 Independent Study in Nutrition and Food Science
- NUFD 557 Food Safety
- NUFD 560 Advanced Nutrition Counseling for Diverse Population Groups
- NUFD 570 Selected Topics in Nutrition and Food Science
- NUFD 573 Food and Nutrition Regulations and Compliances
- NUFD 577 Social Marketing in Nutrition
- NUFD 581 Nutrition Education
- NUFD 583 Nutritional Aspects of Food Processing and Handling
- NUFD 585 Food and Nutrition Issues
- NUFD 588 Organizational Behavior in Food Businesses
- NUFD 590 Nutrition Policy
- NUFD 668 Nutrition Assessment
- PEMJ 539 Advanced Exercise Physiology
- PEMJ 541 Aerobic Testing and Programming
- PEMJ 543 Theoretical Foundations for Strength and Conditioning

**Culminating Experience**

Select one of the following options: 3-4 credits

- **Thesis Option**
  - NUFD 698 Master’s Thesis
  - Submit the completed Thesis original and one copy to the Graduate Office. See Thesis Guidelines for details.

- **Non-Thesis Option**
  - NUFD 509 Research Seminar
  - Comprehensive Examination
  - In the term that you will sit for exam, register for the section which matches your major & advisor. Successfully pass exam.

**Total Credits** 32