

# NUTRITION AND FOOD SCIENCE MAJOR, APPLIED NUTRITION AND WELLNESS CONCENTRATION (B.S.) (COMBINED B.S./M.S.)

NUFD 588	Organizational Behavior in Food Businesses	3
Total Credits		85

<sup>1</sup> These courses will also count toward the MS portion of this program.

## Required Minor

In lieu of the required minor, students may complete 3 NUF 470 (Selected Topics in Nutrition and Food Science - Sports Nutrition) for 3 credits at MSU, plus complete a Study Abroad experience at Bournemouth University for 15 credits in Sports Development and Coaching Sciences. See department advisor for details.

**Business** (<http://catalog.montclair.edu/programs/business-minor>)

**Communication Studies** (<http://catalog.montclair.edu/programs/communication-studies-minor>)

**Entrepreneurship** (<http://catalog.montclair.edu/programs/entrepreneurship-minor>)

**Gerontology** (<http://catalog.montclair.edu/programs/gerontology-minor>)

**Journalism** (<http://catalog.montclair.edu/programs/journalism-minor>)

**Political Science** (<http://catalog.montclair.edu/programs/political-science-minor>)

**Psychology** (<http://catalog.montclair.edu/programs/psychology-minor>)

**Public Administration** (<http://catalog.montclair.edu/programs/public-administration-minor>)

**Public Health** (<http://catalog.montclair.edu/programs/public-health-minor>)

**Social Work** (<http://catalog.montclair.edu/programs/social-work-minor>)

**Sociology** (<http://catalog.montclair.edu/sociology-minor>)

## Program Requirements

Students must complete 42 credits of General Education requirements (<http://catalog.montclair.edu/undergraduate-graduate-degree-requirements/general-ed-ba-bs>) and 3-9 credits of World Languages and Cultures Requirements (<http://catalog.montclair.edu/undergraduate-graduate-degree-requirements/world-languages-cultures-requirement>).

**Requirements for the graduate portion of this dual degree program can be found here** (<http://catalog.montclair.edu/programs/nutrition-food-science-combined-ms>).

Code	Title	Credits
<b>Nutrition and Food Science Core</b>		
NUFD 130	Introduction to Nutrition and Food Science Profession	1
NUFD 150	Food Composition and Scientific Preparation	3
NUFD 153	Dynamics of Food and Society	3
NUFD 192	Nutrition with Laboratory	4
NUFD 240	Sanitation Management and Food Microbiology: Certification	1
NUFD 258	Experimental Food Science	3
NUFD 381	Applied Nutrition in the Lifecycle	3
<b>Applied Nutrition and Wellness Concentration Courses</b>		
NUFD 285	Nutrition in Chronic Disease Prevention	3
NUFD 299	Professional Development for Careers in Nutrition, Food and Wellness	3
NUFD 300	Fundamentals of Healthy Cuisine	3
NUFD 388	Nutrition for Community Fitness Programs	3
NUFD 390	Planning and Evaluating Programs	3
NUFD 395	Managing Programs	3
NUFD 410	Policy and Advocacy for Nutrition Based Wellness Programs	3
NUFD 482	Nutrition Counseling	3
<b>Applied Nutrition and Wellness Collateral Courses</b>		
BIOL 240	Mammalian Anatomy and Physiology I	3
CHEM 113	Fundamentals of Chemistry	4
FSHD 120	Mindfulness: Theory, Research and Practice across the Life Course	3
MATH 109	Statistics	3
<b>Required Minor or Study Abroad Experience</b>		18
Select one of the required minors (see below)		
<b>Graduate Level Courses</b> <sup>1</sup>		
NUFD 505	Research in Nutrition and Food Science	3
NUFD 580	Current Applications in Nutrition	3
NUFD 587	Practicum	3