NURSING (NURS)

**NURS 199 # - Introduction to Nursing** 1 Credit
Prerequisite(s): Bachelor of Science in Nursing (BSN) majors only; not for students in the RN to BSN program. This course is designed to support students as they begin their studies in the professional discipline of nursing at Montclair State University. Lectures, discussions, and class assignments introduce students to the University and School's mission, vision, values, policies, and the profession’s expectations of nursing students. Students are oriented to services offered by the University and the School in the development of skills necessary for academic success. Topics include study habits, test taking, mindfulness, stress management, and interpersonal relationships. Meets Gen Ed 2002- New Student Seminar. 1 hour lecture.

**NURS 200 # - Pathophysiology** 3 Credits
Prerequisite(s): Admission into the School of Nursing; not for students in the RN to BSN program; BIOL 244, BIOL 245, CHEM 105 and BIOL 254; departmental approval. This course is designed to build upon prerequisite knowledge of human anatomy and physiology and biochemistry to systematically investigate how disease and injury disrupt the normal functions of cells, tissues, organ systems, and ultimately individual's ability to function within the environment. Emphasis is placed on linking concepts that address the etiology of physiologic disturbance, divergence from normal function, clinical manifestations of altered homeostasis, and pharmacologic interventions. 3 hours lecture.

**NURS 210 # - Professional Nursing** 4 Credits
Prerequisite(s): Admission into the School of Nursing; not for students in the RN to BSN program; NURS 199, BIOL 244, BIOL 245, PSYC 101, CHEM 105 and MATH 109; departmental approval. This didactic and simulation laboratory course is designed to introduce professional nursing which is focused on caring, being whole, and being healed in specific contexts and relationships (Watson & Hills, 2011). Students are exposed to the conceptual model which describes nurses engagement in healing using the nursing process to diagnose and treat human responses to actual or potential physical and emotional health problems, through case finding, health teaching, health counseling, and provision of care that supports or restores life and wellbeing. The nurse’s scope of practice, including independent and collaborative functions is examined. Students apply beginning nursing care skills for efficient, safe, compassionate, and person-centered care using simulation. 2 hours lecture, 3 hours lab.

**NURS 220 # - Human Growth Development Across the Lifespan** 3 Credits
Prerequisite(s): For BSN Students: Admission to the School of Nursing; successful completion of NURS 199 and PSYC 101, and departmental approval; for RN students: Admission to the RN to BSN program and departmental approval. This course provides an overview of major concepts, theories, and research related to human development through the lifespan from the prenatal period to the end of life. Factors and environmental conditions that influence individual and family function are explored. 3 hours lecture.

**NURS 230 # - Pharmacology** 3 Credits
Prerequisite(s): Admission into the School of Nursing; not for students in the RN to BSN program; BIOL 244, BIOL 245, CHEM 105, BIOL 254, NURS 200 and NURS 210; departmental approval. This course is designed to examine pharmacological concepts relevant to the provision of care for diverse populations across the lifespan and health illness continuum. Building upon the sciences of biology, anatomy, physiology, and pathophysiology this course uses pharmacotherapeutic principles to classify medications currently used to treat and prevent common diseases. Emphasis is placed on the mechanism of action, therapeutic effect, side effects, interactions, and toxicities of commonly used agents. Genetic, genomic and economic implications are discussed. Registered nurses’ professional accountability for ethical and legal practice, patient safety, effective communication techniques, and patient and family caregiver education are presented. 3 hours lecture.

**NURS 240 # - Health Assessment for Diverse Populations: Didactic and Practicum** 4 Credits
Prerequisite(s): Admission into the School of Nursing; not for students in the RN to BSN program; BIOL 244, BIOL 245, NURS 200, NURS 210 and NURS 220; departmental approval. This didactic and clinical course applies the nursing process to health, physical, and psychosocial assessment. Students use therapeutic communication, knowledge of growth and development, and normal physiology, to document a culturally sensitive person-centered comprehensive health assessment for simulated persons across the lifespan. Critical thinking skills are employed to identify risk factors and social determinants that impact health status, safety, and the teaching learning process for individuals and families. Students acquire basic competency in cognitive, psychomotor, and behavioral skills required to perform a comprehensive health assessment. 3 hours lecture.

**NURS 300 # - Pathophysiology with Integration of Pharmacology** 3 Credits
Prerequisite(s): Completion of an accredited nursing program and licensure as a Registered Nurse or departmental approval. The purpose of this course is to build upon prerequisite knowledge of human anatomy and physiology and the biologic sciences to systematically investigate how disease and injury disrupt the normal functions of cells, tissues, organ systems, and ultimately individuals’ ability to function within the environment. Emphasis is placed on linking concepts that address the etiology of physiologic disturbance, divergence from normal function, clinical manifestations of altered homeostasis, and rationale for diagnostic investigation and pharmacologic interventions. 3 hours lecture.

**NURS 305 # - Genetics and Genomics for Clinical Nursing** 3 Credits
Prerequisite(s): For BSN Students: Admission to the School of Nursing; BIOL 244 and BIOL 245 and NURS 200, and departmental approval; for RN students: Admission to the RN to BSN program and departmental approval. The purpose of this course is to build upon knowledge of human anatomy and physiology, pathophysiology, and the nursing process to systematically understand the implications of genetic and genomic concepts across the life-span beginning with preconception. Case studies, current events, and legislation are examined from the perspectives of nursing, science, technology, law, ethics, spirituality, and personal beliefs as a basis for integrating theory and shared decision making for evidence based practice. 3 hours lecture.
NURS 310 # - Health Assessment throughout the Life Span  4 Credits
Prerequisite(s): Completion of an accredited nursing program and licensure as a Registered Nurse or departmental approval. This course introduces the theoretical and laboratory components of a comprehensive nursing assessment. Students will examine the variables and risks that influence the health status of patients through the life cycle. Students will continue to build upon their pre-baccalaureate health assessment abilities and expand their competencies. 3 hours lecture, 2 hours lab.

NURS 315 # - Family Centered Care of Adults Elderly: Didactic Practicum  6 Credits
Prerequisite(s): Admission into the School of Nursing, successful completion of NURS 210, NURS 230, and NURS 240; and departmental approval. This didactic and practicum course examines the provision of culturally congruent person and family-centered nursing care for adult and elderly populations across the health illness continuum. This course focuses on the nurse's role in: health promotion, disease and injury prevention, risk reduction, restoration of health, management of acute and chronic illnesses, and end of life care. Emphasis is placed on the provision of safe, quality nursing care that maximizes transprofessional communication and outcomes using best evidence for practice. Consideration is given to ethical, legal, spiritual, psychosocial, lifestyle, and cultural factors that influence health care decisions among diverse populations. Calculation and administration of medications, aseptic technique, therapeutic communication, and patient education are prioritized in this course to maximize safety and quality outcomes.

NURS 325 # - Care of Childbearing Family: Didactic and Practicum  6 Credits
Prerequisite(s): Admission into the School of Nursing, successful completion of NURS 230, NURS 240 and NURS 315; departmental approval. Corequisite(s): NURS 335. This didactic and practicum course provides students with the knowledge required to assess risks, develop, implement, and evaluate plans of care across the health-illness continuum for culturally diverse childbearing families during prenatal, intrapartum, and postpartum periods. Students critically consider the implications of physiologic, genetic, economic, technological, cultural, nutrition, and environmental factors on childbearing and reproductive health. Health promotion, disease, injury prevention, risk reduction, restoration of health, and end of life issues are examined from a local and global perspective. Students apply best evidence to develop nursing diagnoses, plan, implement, and evaluate therapeutic interventions for women, infants, and families. Safety in the calculation and administration of medications, aseptic technique, therapeutic communication, teaching learning, ethical, legal, spiritual, and psychosocial.

NURS 330 # - Nursing Care and the Aging Patient  3 Credits
Prerequisite(s): Completion of an accredited nursing program and licensure as a Registered Nurse or departmental approval. This didactic course examines the provision of culturally congruent person and family-centered nursing care for elderly persons across the health illness continuum. This course focuses on the nurse's role in: health promotion, disease and injury prevention, risk reduction, restoration of health, chronic illness, and end of life care. Emphasis is placed on the provision of safe, quality nursing care that maximizes transprofessional communication and outcomes using best evidence for practice. Consideration is given to ethical, legal, spiritual, psychosocial, lifestyle, and cultural factors that influence health care decisions. 3 hours lecture.

NURS 335 # - Family Centered Care of Infants, Children and Adolescents: Didactic and Practicum  6 Credits
Prerequisite(s): Admission into the School of Nursing; and NURS 230, NURS 240 and NURS 315; and departmental permission. Corequisite(s): NURS 325. This didactic and practicum course examines the continuum of health and illness among children, and adolescents within the context of family and community. The nurse's role as a member of the transprofessional team in health promotion, disease and injury prevention, risk reduction, restoration of health, and palliative care is explored. Students critically consider the implications of physiologic, genetic, economic, technological, cultural, nutrition, and environmental factors that influence infants, children, and adolescents' health. Consideration is given to the unique ethical, legal, spiritual, psychosocial, and cultural factors that influence nursing care for pediatriic populations. Students learn to use standardized instruments to assess developmental milestones, growth and development, and implement the nursing process. Safety in the calculation and administration of medications, therapeutic communication, teaching learning, and psychosocial processes are explored.

NURS 340 # - Information Technology and Nursing Practice  3 Credits
Prerequisite(s): For BSN Students: Admission to the School of Nursing; successful completion of MATH 109 and NURS 240, and departmental approval; for RN students: Admission to the RN to BSN program and departmental approval. This course introduces systematic application of information science and technology to the provision of person-centered care and leadership in health care systems. The use of information technology to evaluate programs of care, quality improvement initiatives, financial decision-making, and selection of patient care technology is explored. Ethical, regulatory, safety, and legal implications related to the use of information technology systems are examined. 3 hours lecture.

NURS 350 # - Evidence Based Practice in Nursing  3 Credits
Prerequisite(s): For BSN Students: Admission to the School of Nursing; successful completion of MATH 109 and NURS 240 and NURS 340, and departmental approval; for RN students: Admission to the RN to BSN program and departmental approval. This course examines the impact of transprofessional communication and collaboration on person centered care, population health, and health system outcomes. Principles of teamwork and the nurse's role across healthcare settings are explored. Topics include team formation, leadership, decision making, conflict management, policy development, and the role of the team in improving quality and safety. 3 hours lecture.

NURS 405 # - Family Centered Behavioral Health: Didactic Practicum  6 Credits
Prerequisite(s): Admission into the School of Nursing; and NURS 315, NURS 325 and NURS 335; departmental approval. This didactic and practicum course examines the provision of culturally congruent family-centered psychiatric mental health nursing care for children, adolescents, adults, and the elderly in the context of family and community. The nurse's role in health promotion, disease prevention, risk reduction, restoration of health, acute, and chronic disease management is explored. Students examine factors that contribute to development, expression, and alteration in mental health, including genetics, brain function, developmental level, social, and physical environments. Students apply best evidence to the nursing process to maximize transprofessional communication, safety, and outcomes. Safety in the calculation and administration of medications, therapeutic communication, and family centered education are prioritized. Consideration is given to ethical, legal, spiritual, psychosocial, physical, lifestyle, personal preferences, and cultural factors that influence decision-making.
NURS 410 # - Leadership in Nursing: Theory and Application 3 Credits
Prerequisite(s): Completion of an accredited nursing program and licensure as a Registered Nurse or departmental approval. This didactic course is designed to examine leadership from both theoretical and applied perspectives. Theories of leadership are examined to provide nurses skills needed to manage patient care, facilitate, educate, and participate in interdisciplinary teams within the complex health delivery system. Emphasis is placed on the nurse's role as a leader, stakeholder, and member of the interdisciplinary healthcare team in the provision of safe quality care according to established metrics. 3 hours lecture.

NURS 415 # - Nursing Leadership: Theory and Practicum 6 Credits
Prerequisite(s): Admission into the School of Nursing; and NURS 315, NURS 325, NURS 335, NURS 350, NURS 405, NURS 430 and NURS 450; and departmental approval. Corequisite(s): NURS 420. This didactic and practicum course examines leadership from both theoretical and applied perspectives. Students develop their own leadership style while exploring contemporary leadership theories across disciplines. Students practice leadership skills through clinical and laboratory experiences. Leadership self-assessment based on theory, standardized assessment instruments, and observation are conducted during live and simulated clinical experiences. Emphasis is placed on the nurse's role as a leader, stakeholder, and member of the transprofessional healthcare team in the provision of safe, quality care according to established metrics.

NURS 420 # - Transprofessional Communication Collaboration 3 Credits
Prerequisite(s): For BSN Students: Admission to the School of Nursing; successful completion of NURS 315, NURS 325, NURS 335, NURS 350 and NURS 405; and departmental approval; for RN students: Admission to the RN to BSN program and departmental approval. This course examines the impact of transprofessional communication and collaboration on person centered care, population health, and health system outcomes. Principles of teamwork and the nurse's role across healthcare settings are explored. Topics include team formation, leadership, decision making, conflict management, policy development, and the role of the team in improving quality and safety. 3 hours lecture.

NURS 430 # - Population and Global Health: Didactic 3 Credits
Prerequisite(s): Completion of an accredited nursing program and licensure as a Registered Nurse. This course explores the impact of community and global health issues on the health of individuals, families and society. Utilizing principles of epidemiology and wellness, the role of the community health nurse to maximize health at all levels of prevention will be explored. A clinical component is provided as part of the course. 3 hours lecture.

NURS 431 # - Population and Global Health Practicum 1 Credit
Prerequisite(s): Completion of an accredited nursing program and licensure as a Registered Nurse. This clinical experience provides the student the opportunity to explore and implement theories and components of community and population assessment. Principles of epidemiology, transcultural communication, environmental concern, health care management and resource allocation are applied with a focus on population, community and global health care needs. 1 hour lab.

NURS 435 # - Population and Global Health: Didactic and Practicum 6 Credits
Prerequisite(s): Admission into the School of Nursing; and NURS 315, NURS 325, NURS 335 and NURS 405; and departmental approval. Corequisite(s): NURS 450. This didactic/clinical course explores the impact of population and global issues on the health of individuals, families, and communities. The role of the community health nurse is examined using principles of epidemiology, transcultural communication, environmental concern, health care management, and resource allocation. Levels of prevention are explored. Community assessment, epidemiologic, environmental, change, political action, and case-management frameworks are used to guide evidence-based nursing care delivery to persons, families, and populations in a community setting.

NURS 440 # - Integration Practicum 3 Credits
Prerequisite(s): Completion of an accredited nursing program and licensure as a Registered Nurse or departmental approval. This practicum provides students the opportunity to explore and implement the theories and components of leadership, evidence-based practice, communication, and scholarship. Students synthesize BSN coursework to demonstrate advanced competencies in collaboration with a clinical mentor. This course serves as basis for the development of short and longterm goals and life long professional development. This course requires a minimum of 45 hours out of clinical and seminar time. 1 hour lecture and 3 hours lab.

NURS 450 # - Nursing Scholarship 3 Credits
Prerequisite(s): For BSN Students: Admission to the School of Nursing, MATH 340 and NURS 350, and departmental approval; for RN students: Admission to the RN to BSN program and departmental approval. This course examines the impact of transprofessional communication and collaboration on person centered care, population health, and health system outcomes. Principles of teamwork and the nurse's role across healthcare settings are explored. Topics include team formation, leadership, decision making, conflict management, policy development, and the role of the team in improving quality and safety. 3 hours lecture. Previous course NURS 320 effective through Summer 2017.

NURS 465 # - Integration 6 Credits
Prerequisite(s): Admission into the School of Nursing; and NURS 315, NURS 325, NURS 335, NURS 350, NURS 405 and NURS 430; and departmental approval. This didactic and practicum course fosters critical thinking and data analysis skills in the provision of person and family centered outcome-based care for individuals with complex health care needs across the lifespan and health illness continuum. Students examine data from the clinical practicum as a basis for reflection on clinical judgment and reasoning, priority-setting, time management, transprofessional collaboration, communication, and education. Identifying and implementing conflict resolution strategies for ethical and legal dilemmas that occur in clinical practice are addressed. Social justice and determinants of health including access to care, policy, equity, racism, sexism, and ageism are evaluated in relation to health outcomes. The impact of psychosocial, biologic, genetic, financial and cultural factors in the selection and implementation of therapeutic interventions and care outcomes are critically appraised.