

ART & DESIGN/THERAPY (ARTH)

ARTH 280 Introduction to Art Therapy (3 credits)

An historical and theoretical overview including the literature and current trends in the field. Students will use a variety of art materials to express personal symbolism, fantasy, and dreams. Open to non-majors.

ARTH 360 Studio Techniques in Art Therapy (3 credits)

Prerequisite(s): ARTH 280. Materials and techniques of art therapy are directly experienced through practice. Open to all.

ARTH 361 Group Art Therapy (3 credits)

Prerequisite(s): ARTH 280. Students will participate in small art therapy groups where under the guidance of a registered art therapist emerging themes (life situations, choices, attitudes, self-concepts, norms, etc.) will be explored. Open to non-majors.