ART & DESIGN/Therapy (ARTH)

ARTH 280  Introduction to Art Therapy  (3 credits)
An historical and theoretical overview including the literature and current
trends in the field. Students will use a variety of art materials to express
personal symbolism, fantasy, and dreams. Open to non-majors.

ARTH 360  Studio Techniques in Art Therapy  (3 credits)
Prerequisite(s): ARTH 280. Materials and techniques of art therapy are
directly experienced through practice. Open to all.

ARTH 361  Group Art Therapy  (3 credits)
Prerequisite(s): ARTH 280. Students will participate in small art therapy
groups where under the guidance of a registered art therapist emerging
themes (life situations, choices, attitudes, self-concepts, norms, etc.) will
be explored. Open to non-majors.