

# ART & DESIGN/THERAPY (ARTH)

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**ARTH 280 Introduction to Art Therapy (3 credits)**

An historical and theoretical overview including the literature and current trends in the field. Students will use a variety of art materials to express personal symbolism, fantasy, and dreams. Open to non-majors.

**ARTH 360 Studio Techniques in Art Therapy (3 credits)**

Prerequisite(s): ARTH 280. Materials and techniques of art therapy are directly experienced through practice. Open to all.

**ARTH 361 Group Art Therapy (3 credits)**

Prerequisite(s): ARTH 280. Students will participate in small art therapy groups where under the guidance of a registered art therapist emerging themes (life situations, choices, attitudes, self-concepts, norms, etc.) will be explored. Open to non-majors.