ART & DESIGN/Therapy (ARTH)

**ARTH 280  Introduction to Art Therapy  (3 credits)**
An historical and theoretical overview including the literature and current trends in the field. Students will use a variety of art materials to express personal symbolism, fantasy, and dreams. Open to non-majors.

**ARTH 360  Studio Techniques in Art Therapy  (3 credits)**
Prerequisite(s): ARTH 280. Materials and techniques of art therapy are directly experienced through practice. Open to all.

**ARTH 361  Group Art Therapy  (3 credits)**
Prerequisite(s): ARTH 280. Students will participate in small art therapy groups where under the guidance of a registered art therapist emerging themes (life situations, choices, attitudes, self-concepts, norms, etc.) will be explored. Open to non-majors.