ARTS & HEALTH (ARHL)

ARHL 510  Foundations in Arts and Health  (3 credits)
This course provides a general survey of the arts, across their various
forms and manifestations (performing, studio, literary, etc.) as they relate
to the numerous domains of human health (physiological, cognitive,
emotional, social, etc.). Through readings and dialogue (in class and
online), learners will be introduced to major models and theories of the
intersections of arts and health, and will encounter (via literature and
audiovisual media) case examples of both arts-in-health and health-in-
arts.

ARHL 520  Applications of Arts and Health  (3 credits)
This course demonstrates the ways in which various artistic modalities
can be used in the field of arts and health. Creative areas explored include
music, theatre, dance, visual arts, literary arts, and interdisciplinary arts.
Students will learn how to appreciate, observe, and apply these artistic
disciplines in a variety of contexts that merge the arts with health and
wellness.

ARHL 530  Special Topics in Arts and Health  (3 credits)
This special topics course covers in depth emerging issues, topics of
relevance, problems or trends, and specialized content in arts and health
not represented in the main curriculum of the program. Potential topics
of interest include advocacy for arts in health programs, cultural diversity
and communities, arts in health program marketing, ethical issues in
arts and health, and promoting health literacy. This course provides
communication and advocacy-related resources and skills useful to
artists and arts educators, health care professionals, and program
administrators in their efforts to foster individual, community, and policy
level initiatives in the arts and health.

ARHL 540  Program Development, Administration, and Assessment in
Arts and Health  (3 credits)
This course shapes the complex strategies and skills that are required
in launching, administering and assessing a successful arts and health
program. The course will address: population identification, needs
assessment, program design and implementation, establishment
of internal and external partnerships, evaluation/research, and
sustainability. The course will provide an in-depth analysis and review of
nationally and locally recognized programs, analyzing the key elements
that make them relevant and viable. This course will include: face-to-face
lecture sessions, literature review, program financing, grant writing, and
the development of useful tools in setting up evaluation and assessment.

ARHL 550  Practicum in Arts and Health  (3 credits)
Prerequisite(s): ARHL 510, ARHL 520, ARHL 530 and ARHL 540. There is
ample evidence that the arts promote healing and well being. This course
provides practical experience in both the clinical and administrative
aspects of the intersection of arts and health. Students will observe
and have hands on opportunities to experience a wide range of artistic
media with patients, caregivers, clinicians, and/or the public. The
course will include face-to-face lecture sessions, observations of
interactions with patients when art is present, participation in patient/
caregiver art activities and processing of the above. Students will also
submit an arts and health based project for a specific targeted population
and environment.