

ARTS & HEALTH (ARHL)

ARHL 510 - Foundations in Arts and Health **3 Credits**

This course provides a general survey of the arts, across their various forms and manifestations (performing, studio, literary, etc.) as they relate to the numerous domains of human health (physiological, cognitive, emotional, social, etc.). Through readings and dialogue (in class and online), learners will be introduced to major models and theories of the intersections of arts and health, and will encounter (via literature and audiovisual media) case examples of both arts-in-health and health-in-arts. 3 hours seminar.

ARHL 520 - Applications of Arts and Health **3 Credits**

This course demonstrates the ways in which various artistic modalities can be used in the field of arts and health. Creative areas explored include music, theatre, dance, visual arts, literary arts, and interdisciplinary arts. Students will learn how to appreciate, observe, and apply these artistic disciplines in a variety of contexts that merge the arts with health and wellness. 3 hours seminar.

ARHL 530 - Special Topics Arts and Health **3 Credits**

This special topics course covers in depth emerging issues, topics of relevance, problems or trends, and specialized content in arts and health not represented in the main curriculum of the program. Potential topics of interest include advocacy for arts in health programs, cultural diversity and communities, arts in health program marketing, ethical issues in arts and health, and promoting health literacy. This course provides communication and advocacy-related resources and skills useful to artists and arts educators, health care professionals, and program administrators in their efforts to foster individual, community, and policy level initiatives in the arts and health. 3 hours seminar.

ARHL 540 - Program Development, Administration, and Assessment in Arts and Health **3 Credits**

This course shapes the complex strategies and skills that are required in launching, administering and assessing a successful arts and health program. The course will address: population identification, needs assessment, program design and implementation, establishment of internal and external partnerships, evaluation/research, and sustainability. The course will provide an in-depth analysis and review of nationally and locally recognized programs, analyzing the key elements that make them relevant and viable. This course will include: face-to-face lecture sessions, literature review, program financing, grant writing, and the development of useful tools in setting up evaluation and assessment. 3 hours seminar.

ARHL 550 - Practicum in Arts and Health **3 Credits**

Prerequisite(s): ARHL 510, ARHL 520, ARHL 530 and ARHL 540. There is ample evidence that the arts promote healing and well being. This course provides practical experience in both the clinical and administrative aspects of the intersection of arts and health. Students will observe and have hands on opportunities to experience a wide range of artistic mediums with patients, caregivers, clinicians, and/or the public. The course will include face-to-face lecture sessions, observations of interactions with patients when art is present, participation in patient/caregiver art activities and processing of the above. Students will also submit an arts and health based project for a specific targeted population and environment. 3 hours practicum.