EXERCISE SCIENCE AND PHYSICAL EDUCATION

Chairperson: Dr. Susana Juniu

The Department of Exercise Science and Physical Education provides preparation through academic programs at both the graduate and undergraduate levels. Our theory, technology, research, exercise science, athletic training, coaching, sports management, and physical education courses are designed to meet the needs of educational and corporate organizations in New Jersey. Undergraduate students are educated in our nationally recognized Physical Education and Health certification program for grades K-12, in our degree granting CAATE certified Athletic Training Education program, and our innovative program in Exercise Science that features internships with the major sports industries in the New York City metropolitan area. In addition, the department offers an array of physical activity courses designed to meet the Physical Education requirement in the University’s General Education Program.

Our graduate students have the opportunity to pursue advanced study in the field, and to develop competency in an area of concentration. Concentrations are offered in Exercise Science, and Sports Administration & Coaching. These programs are designed to cultivate knowledge and skills necessary for conducting exercise programs, coaching in a public school setting or in higher education, and administration of athletic facilities in a community, fitness, educational or professional sport setting.

Mission: The Department of Exercise Science and Physical Education is to provide significant, carefully developed programs in athletic training, exercise science, and health and physical education at the undergraduate and graduate levels, offered in concert with the fundamental mission of Montclair State University. The basic goal of our baccalaureate degree programs is the development of well-educated professionals, capable of contributing within the context of their chosen specialty, to the quality of Education and Human Services in our society. The fundamental thrust of our graduate program is to enhance the academic and professional capabilities of educators serving the wellness needs of our communities and schools, as well as those in the business and industrial sectors. All programs reflect the overall mission of wellness Education in New Jersey and are in concert with the academic and professional capabilities of the department’s faculty.

Undergraduate

- Exercise Science Major, Clinical and Pre-Professional Studies Concentration (B.S.) (http://catalog.montclair.edu/programs/exercise-science-clinical-preprof-conc-bs/)
- Exercise Science Major, Clinical and Pre-Professional Studies Concentration (B.S.) (Combined B.S./M.S. in Athletic Training) (http://catalog.montclair.edu/programs/exercise-science-clinical-preprof-conc-bs-combined-ms-athletic-training/
- Exercise Science Major, Sports Conditioning Concentration (B.S.) (http://catalog.montclair.edu/programs/exercise-science-sports-conditioning-conc-bs/)
- Physical Education Major (B.S.) (Combined B.S./M.A.T. with Teacher Certification in Health and Physical Education and Teacher of Students with Disabilities) (http://catalog.montclair.edu/programs/physical-education-combined-bs-mat-teacher-certification-health-physical-education-students-disabilities/)
- Physical Education Major with Teacher Certification in Health and Physical Education (Preschool-Grade 12) (B.S.) (http://catalog.montclair.edu/programs/physical-education-teacher-certification-health-physical-education-preschool-grade-12-bs/)
- Physical Education Major, Physical Activity in Educational Settings Concentration (B.S.) (http://catalog.montclair.edu/programs/physical-education-physical-activity-education-settings-concentration-bs/)
- Sports Coaching Minor (http://catalog.montclair.edu/programs/sports-coaching-minor/)
- Sports Nutrition Minor (http://catalog.montclair.edu/programs/sports-nutrition-minor/)

Graduate

- Athletic Training (M.S.) (http://catalog.montclair.edu/programs/athletics-training-ms/)
- Exercise Science and Sport Studies, Exercise Science Concentration (M.S.) (http://catalog.montclair.edu/programs/exercise-science-sport-studies-exercise-science-concentration-ms/)
- Exercise Science and Sport Studies, Sport Administration Concentration (M.S.) (http://catalog.montclair.edu/programs/exercise-science-sport-studies-sport-administration-concentration-ms/)
- Physical Education, Instructional Certification: Teacher Certification in Physical Education (Preschool-Grade 12) (http://catalog.montclair.edu/programs/physical-education-instructional-certification-teacher-certification-physical-education-preschool-grade-12/)